

# PLAY

Maricopa  
Spring 2019

PROVIDING LEISURE ACTIVITIES FOR YOU

For full program offerings go to [PlayMaricopa.com](http://PlayMaricopa.com)



23  
March



## Salsa Fest



New to Salsa Fest this year:

- Prize give away including a trip to Disneyland
- Lucha Libre matches
- Hot sauce eating contests
- Mariachi battles
- Little Pepper Zone

## Color Run

This vibrant, memorable, family event is really a great chance to participate in a new and different event that involves running and walking with a slight twist! As you make your way through the course you will go through "color stations" where you will be greeted by our amazing, well-trained "color throwers" who will make sure you get all the color you need to stay motivated to complete the course. The rewards are a cool Copa Color Run Headband, and you will be able start to the New Year sharing the coolest pictures of you having fun and being fit at the same time!



## TOT OLYMPICS

Calling all future Olympians! Tots 3-5 will compete in six individual events and one team event on March 9.







## Membership

We love our City and our Copper Sky Members and we are adding value to your membership. Check out these new benefits for annual memberships:

- Discounts on programming including sports, aquatics, enrichment classes and more
- Free event parking and fun zone passes
- Access to offsite programming
- Free Buddy Passes
- New Senior programming
- New Drop in programs at Copper Sky including volleyball, basketball, soccer, and more
- Priority Registration for popular programs
- More coming soon

There is also a new Membership Discount program that could save you as much as 40% off your membership. Call Copper Sky at (520) 316-4600 for more details about these exciting changes.



## SENIOR PROGRAMMING

Join us for social hours, Lunch and Learns, and more activities at Copper Sky. We want to hear from our seniors. What do you want to see? Contact Brandelyn Baumhefner at Brandelyn.Baumhefner@maricopa-az.gov or 520-316-6842.

**Go to PlayMaricopa.com.**



## Copper Sky Active

We are excited to bring this new program to our members.

Copper Sky Active will offer children ages 9-11 years old an opportunity to partake in fitness activities, sports, school games, pool tournaments and much more. Anyone age 9-11 years old with an active Copper Sky membership or day pass is invited to participate. A Copper Sky instructor will lead all activities. No registration is needed, just drop by the activity room and sign in to participate in this fun new program. Copper Sky active is Tuesday and Thursday 5-7 p.m.

***"I am so excited to finally have some fun programing for my kids to do at Copper Sky while I work out!" - JESSICA***

## AQUATICS - LIFEGUARD CERTIFICATIONS

Do you want to become part of the lifeguard and swim instructor team? Become certified with the City of Maricopa Aquatic Staff, help the community, and have a great summer!

***"This is the best summer job I've ever had"***  
- BRIAN



## Henry Pollock Fitness Spotlight



### Q How long have you been at Copper Sky?

I have been here since March 14, 2014, when Copper Sky opened.

### Q What education certifications and degrees do you currently hold?

Associate in Exercise & Wellness, Bachelor in Parks & Recreation Management, NASM Certified Personal Trainer, multiple TRX Certifications, multiple Fit-tour Certifications, multiple ISSA Certifications, Grid Rolling Certification, and Running Revolution.

### Q How did you get to where you are now with the City of Maricopa, which is recreation service specialist?

I started as a rec aide, cleaning machines, and I was going for my associate's degree in Exercise Science. Right when I graduated with my associate's degree, a personal trainer position opened up, and I got the job. I successfully personal trained for one and a half years, and a full-time fitness position opened up called recreation service specialist, which means I supervise and assist the daily operations of the fitness floor and Copper Sky Fitness Programming.

### Q What do you enjoy most about being in the fitness industry as a public servant?

It's a lot different in the revenue and pure profit aspect than

being a private sector personal trainer. Within the city we of course have to generate revenue, but we can also focus on serving the community with great, affordable programing and making the city a healthier place.

### Q What do you like to do for your workouts and recreation?

Running, hiking, mountain biking, and functional style resistance training.

### Q What's your favorite nutrition or fitness book?

"Good Calories, Bad Calories" and "Born to Run"

### Q What do you like most about the City of Maricopa?

The people, small-town feel and the growth of the city is so exciting. I really appreciate the sense of the community we have created; it feels like a family.

### Q Any last words?

I am extremely appreciative of all the opportunities that I have been given here at the City of Maricopa. It was exciting to be here at the beginning and create new and exciting programs and watch my clients become fit. I am excited to have a career and I am excited to watch this city grow towards a healthier and happier future!

## FAMILY FITNESS

Copper Sky Recreation Center is more than just a fitness center; it is a community center where your whole family can play, learn, recreate, and be active together. From art to Zumba we offer something different for everyone in your circle. We have the state of the art fitness floor, child-watch and community room, group exercise classes, indoor track, and basketball court with activities like pickle ball and After School Fit-Club, and an amazing aquatics center. From Tots to Seniors, there's something for everyone.

## Reserved and Advanced Group Fitness Programming

We are excited to offer this next level of fitness instruction and service to our schedule. Certain formats you can reserve a spot in a class, or you can take an advanced version for additional instruction of your favorite format and instructor, without having to sign up for personal training. Currently we have Zumba Tone, Pound, Piyo, Pilates, TRX, Group Training, Power Yoga, Road Warrior (Indoor Cycle), and Kick Boxing offered in a Reserved or Advanced formats. For more information contact Copper Sky Service Desk.







## After School Fit Club

After School Fit Club is a four-week program designed to meet the physical education needs of children ages 5-12 years old by focusing on building physical fitness, enhancing skill development, and most importantly having fun while doing it. Our curriculum focuses on age appropriate activities, sports and games. The program utilizes the Copper Sky gym and fitness floor. This program is designed to improve aerobic capacity, body composition, muscle strength, endurance and flexibility. After School Fit Club is led by a Certified Copper Sky Fitness Instructor. Registration is required, with new sessions starting monthly. After School Fit Club takes place on Wednesdays at 3:30 p.m.

### SENIOR FITNESS

We have a variety of safe, exciting and fun senior fitness classes. Popular formats include Silver Sneakers, Senior Strength and Stretching, and Senior Strength and Cycling.



### PICKLEBALL CORNER

Copper Sky is Pickleball HQ for Maricopa and with our indoor courts you can play all year. Included with memberships.



## Summer Camp

Our day camp staff is excited to share our new level of service! Camps are now full day (half day options also available), Monday through Friday. Full day camp participants will have the opportunity to engage in fun activities in a positive environment, field trips, and guest speakers. Participants will need to pack a lunch each day. Half day camps are offered for morning or afternoon sessions, Monday through Friday.

Camp registration will be divided into the six individual weeks it will be offered. Register only for the weeks you want to attend!

## Meet Marisela

The City of Maricopa is very fortunate to have a staff member like Marisela. Marisela first joined the City of Maricopa's Recreation Division through the high school internship program. During this time, she worked on the fitness floor cleaning equipment and promoting events. Marisela's dedication to the job and work ethic landed her a position beyond the internship. Marisela has worked in fitness, aquatics, enrichment, and youth programs. Currently, Marisela leads Tiny Tot and Copper Sky Kids. She has developed a great rapport with parents and children look forward to seeing her. Marisela is a great asset to the City of Maricopa!



Keep a look out for new activities coming this Spring!

### Spring Break Camp

Join us for the first all day City of Maricopa Spring Break Camp, with fun positive recreational activities and a field trip to Ultra Star! Location to be determined. Camp will run Monday through Friday, 7 a.m. to 7 p.m.

### Tiny Tot Luau

Get out your grass skirts! Tiny Tot Luau will be coming to Copper Sky Multigenerational Center on May 18. Get ready to limbo, kick your flip-flops, and get crafty! Ages 3-5

For more information, contact Heather Lozano at Heather.Lozano@maricopa-az.gov or 520-316-4603.

Copper Sky Annual Members Save on Programs



## Itty Bitty Open

The City of Maricopa was excited to host its first Itty Bitty Open on January 12. The Junior Golf Association of Arizona (JGAA) provided this free event for youth ages 3-5. During this event, youth were introduced to basic golf skills and participated in a non-competitive tournament. Each golfer received a set of plastic golf clubs, balls, bag, and a visor. Families joined us for a morning of golfing fun and memories! At our first event 35 kids attended.



## Copper Sky Kids

Copper Sky Kids is a kindergarten preparedness designed for the City's youngest members, youth ages 3-5. Through this program, participants are introduced to letters, names, numbers, and shapes. They will get to conduct science experiments and get messy with art. Classes are offered two sessions per week for two weeks. There are morning and afternoon sessions available.

Great improvement in my daughter's writing, and overall learning. Love this program. - CARMEN ROCHLIN





## All Access Homebound Delivery Service

The All Access Homebound Delivery Program was created through a grant by the Ak-Chin Indian Community. This program enables disabled and the elderly to receive books from the library without leaving their own home.

The service is free, and the volunteers will bring new materials to the residents and pick up the old materials every two weeks.

Joetta Whitley is one customer with the Homebound Delivery Program, who was so delighted with her services and selections that she called to say, "Thanks," adding "This program has turned my whole world around." She stated, "I'd love to be a cheerleader for the program if I could!"

All of the volunteers have gone through training with the Maricopa Police Department to analyze the environment around them and ensure they stay safe when entering another person's home. The volunteers also travel in pairs to assist the at-home customers.

With the Homebound Delivery Program, you no longer need to feel there is no one to bring you library materials, or feel you cannot access the library. We will be bringing the library to you!

## Royal Tea Party

Calling all royalty! Join us on Saturday, May 4, 2019, from 1-3 p.m. for a Royal Tea Party! Dress up in your most royal clothes and meet some very special princesses. The princesses will read stories why we enjoy enchanted treats. There will be plenty of opportunities for pictures with the princesses! We hope you can join us.

4  
May



## SUMMER READING PROGRAM: A UNIVERSE OF STORIES

The Summer Reading Program will once again be coming to the Maricopa Public Library! The program runs from May 19-July 13, 2019. This year's theme is "A Universe of Stories." Babies, toddlers, preschoolers, children and teens are all invited to participate. The program is designed to meet all reading levels and capabilities so that everyone can work at their own pace.

There are three categories to choose from. Each child can choose how many minutes to read over the summer. For the first level, the goal is to read 400 minutes by the end of the summer. At the next level, you must read 800 minutes by the end of the summer. For the third level, participants must read 1,200 minutes by the end of the summer to complete their goal.

Register online at <https://Maricopa.AZSummerReading.org>.

## FOR GETTING THE BEST RESULT IN YOUR FINALS, USE TUTOR.COM



Tutor.com is a powerful resource available to you, a Maricopa Library Member, for absolutely no cost to you. This service will allow anyone, at any level from elementary school through college, to have access to a real tutor at any time; night or day!

You can also submit an essay to be reviewed or graded, within 12 hours, take practice quizzes, and even prep for the ACT/SAT tests for the state of Arizona. Gain an early edge on the grades above you while in grade school, and additionally, prep for the AP exams.

Tutor.com can be accessed from home via the website, enabling families to get the help they need at the time most convenient for them. You won't need the expensive cost of hiring a private tutor, or worry about your child not getting the help they need. It's all available now, and all through your Maricopa Public Library.

## Drop-in Sports

Copper Sky will be offering various drop-in sports throughout the year!

- Basketball
- Pickleball
- Volleyball
- and so much more!



## ESports

We are excited to be launching new esports leagues and hosting tournaments!

ESports is one of the fastest activities in the nation and we are excited to bring it to the city of Maricopa at an affordable price. We will have two locations: Library and Copper Sky.



## Flag Football Winter 2019 Season Recap

Thank you to all the volunteers, coaches, and participants for another great fun filled season! Over 600 youth on 40 teams were coached by 80 volunteers this season.



Register  
now for  
summer  
sports:  
Basketball  
& Volleyball



SUMMER GIRLS  
VOLLEYBALL

Early  
Registration  
March 18-  
April 21

Regular  
Registration  
April 22-  
May 4



SUMMER  
YOUTH  
BASKETBALL

Early  
Registration  
March 18-  
April 21

Regular  
Registration  
April 22-  
May 4



## Hey! Who's that coach?

That's coach Chad Hansen!

Coach Chad has been coaching for the Maricopa Parks & Recreation for the past six years. He's coached his sons' (Noah 10, Carson 8) flag football, basketball and soccer teams every season. That's a total of 26 teams. Coach Chad also has a great following of players from sport to sport as he grooms these fine young athletes for the next level of competition be it in a recreation or club environment. Coach Chad has a good feel for the sports he coaches, the tireless hours he spends on the fields with his teams do not go unnoticed.

Coach Chad's 6-7 division and 8-9 division Flag Football teams won the 2018 inaugural Maricopa Parks & Recreation's End of the Season Tournament.

Coach Chad has also been coaching for the local Little League organization the past four years and for the Cal Ripken baseball league the past two years on his "off time." Does he really have any "off time?"

Copper  
Sky Annual  
Members  
Save on Sports  
Registration





**23**  
March

## Salsa Fest

The 15th annual Salsa Festival will be at Copper Sky Regional Park on Saturday, March 23, 2-8 p.m.

There is no fee to attend this event but there is a \$5 fee for parking and \$5 for children age 3 and over to enjoy the Little Pepper Zone and minimal charges for other activities. Free shuttles will also be provided to attend this event at various elementary schools here in Maricopa.

Festival guests will enjoy kids' games and activities in the Little Pepper Zone. Salsa chefs will have the opportunity to showcase their skills in the highly competitive salsa competition and compete for cash prizes. There will also be food, spirits, and entertainment by local entertainers.

Salsa chefs will have the opportunity to compete for a \$1,000 cash prize, and attendees can vote for their favorite salsa contestants.



## TOT OLYMPICS

We are excited to host our first Tot Olympics! Ready, stretch, register! Registration now open! Calling all future Olympians! Participants will compete in six individual events and one team event. Medals will be awarded for 1st, 2nd, and 3rd in each age group. Every participant will receive a T-shirt.



**6**  
April

## Color Run

This vibrant, memorable, family event is really a great chance to participate in a new and different event that involves running and walking with a slight twist! As you make your way through the course you will go through "Color Stations" where you will be greeted by our amazing well-trained "Color Throwers" who will make sure you get all the color you need to stay motivated to complete the course. The rewards are a cool Copa Color Head Band and you will be able start to the New Year with the coolest pictures to share with your friends and family of you having fun and being fit at the same time!



**9**  
March

## Disk Golf

Check out our championship level disk-golf course! Nearly 200 players from all over the United States came to Maricopa over the weekend for the Maricopa Disk Golf Open. Thank you to Maricopa Ace Hardware for this fun family activity.

